



Useful Information...



Apprenticeships

www.apprenticeships.gov.uk

Childline

♦ Call: 0800 1111 - www.childline.org.uk

Compass Buzz -text support service

Tel: 07520 631168

Fearless

♦ A way to report crime anonymously - www.fearless.org

FRANK (Support with Drugs)

♦ Call: 03001 236 600 or text: 82111

Website: www.talktofrank.com

IDAS (Independent Domestic Abuse Service)

♦ www.idas.org.uk

♦ Domestic Abuse Helpline:
03000 110 110

♦ Rape Support Line:
0300 111 0777

Housing

If you are aged 16 - 25yrs please contact the Hub on 01756 706475 or email housing@cravencd.gov.uk.

Jobs

♦ www.gov.uk/jobsearch

♦ www.indeed.co.uk

16 - 19 and not in Education,

Employment or Training

NYCC Early Help Service - Craven

Belle Vue Mill, Broughton Rd, Skipton

BD23 1ET - 01609 532412

NSPCC

♦ Call: 08088 005 000 Email: help@nspcc.org.uk Website: www.nspcc.org.uk

Libraries

(www.northyorks.gov.uk/local-libraries)

- ♦ Skipton
- ♦ Ingleton
- ♦ Crosshills
- ♦ Bentham
- ♦ Settle
- ♦ Gargrave and Malhamdale (Community)
- ♦ Embsay-with-Eastby (Community)
- ♦ Grassington Hub (Community)

Sports and Leisure

- ♦ Craven Leisure Centre, 01756 792805
- ♦ Sandylands, Skipton, 01756 795181

Outdoor Centres

- ♦ High Adventure Outdoor Education Centre
www.highadventureoec.co.uk

North Yorkshire Music Action Zone

- ♦ Make Music Happen - www.nymaz.org.uk

North Yorkshire Sport

- ♦ www.northyorkshiresport.co.uk

Sexual Health

- ♦ **Yorsexualhealth** - www.yorsexualhealth.org.uk/

Selfa

Local Children's Charity in Skipton supporting Vulnerable, Disadvantaged or Disabled children - Website: www.selfa.org.uk

Are you a Young Carer?

- ♦ **Carers Plus Yorkshire** - Supporting unpaid family carers.
www.carersplus.net
01723 850155

Clubs and Projects in Craven for Young People

Issue 7
March 2022

Skipton - Settle - Grassington - Bentham - Glusburn - Surrounding Villages



90+ Clubs
and Projects
inside

Please note that age limits vary and there may be costs to take part in activities publicised. We advise that you to ring to check times before attending. All information provided in this leaflet is secondary research and may not be completely accurate.

For any updates please email Rachel@nyy.org.uk



This booklet has been produced by:

North Yorkshire Youth
Carlton Lodge
Carlton Miniott
Thirsk
YO7 4NJ
Tel: 01845 522 145



A - Z of Activities



Air Cadets

- ♦ **264 Skipton Squadron** - Tuesday evenings at The ATC Centre, Shortbank Rd, Skipton BD23 2JY, www.skiptonaircadets.co.uk
- ♦ **2246 Carnforth Squadron** - Tuesday and Thursday evenings, 7.00pm to 9.30pm. Civic Hall, North Road, Carnforth, LA5 9LQ - www.2246aircadets.com

Archery

- ♦ **Aire Valley Archers** - Membership club, ages 8+ based at St. Ives Country Park, Bingley and indoor facilities at Knowle Mill, Keighley. www.aire-valley-archers.co.uk
- ♦ **North Yorkshire Bowmen**— open to ages 11+, based at Settle Drill Hall, Settle, BD24 9HA. Please contact Cherry Flitcroft on 01524251702, cherry.ann.f@gmail.com for more information and prior to attending.
- ♦ **Lonsdale Archers** - a mix of ages and abilities. Contact: Mark Christie, Club Secretary 01524 264879 or markchristie101@outlook.com.

Army Cadets

- ♦ **Skipton AFC Detachment** - age 12+ AFC Centre. North Parade, Skipton BD23 2SR Further details can be found at www.armycadets.com

Athletics

- ♦ **Settle Harriers Juniors** – Junior training on Tuesday's from school years 3 to 13 at Eshton's Pavilion, Giggleswick at 5:30pm. email: juniors@settleharriers.org
- ♦ **Skipton Athletic Juniors** - meeting Tuesday 6-7pm, age 8-17years, contact via website www.Skiptonac.co.uk
- ♦ **Bentham Beagles** - 16+ Bentham Playing Fields Wenning Avenue, High Bentham, LA2 7LR www.benthambeagles@live.co.uk

Badminton

- ♦ **Craven Badminton Club** - junior coaching session Saturdays 9am – 10am at Sandylands Sports Centre, Skipton, BD23 2AZ Contact Info: Peter & Linda Wilkinson on 07753 968662 or 01282 841972
- ♦ **Skipton Badminton Club** - Runs every Tuesday at Sandylands Sports Centre, Skipton, BD23 2AZ for 16+ year olds - www.skiptonbadmintonclub.wordpress.com
- ♦ **Ingleton Badminton Club**
U16 Junior club, 16+ Senior club - Contact Carolyn Coggins - Tel No. 0777 3558149



Youth Clubs/Projects

Glusburn Youth Club



Support Music Games
Chill Out Arts and Crafts POOL

Thursday
6.30pm until 8.30pm
Glusburn Community Arts Centre
Open to Year 7+
50p Entry

Settle Virtual Youth Club



Support Music Games
Challenges Quizzes

We are hosting a virtual youth club on
Wednesday 6.30 to 7.30pm
If you would like to join in then email
rachel@nyy.org.uk or text/WhatsApp to
07500787621 and ask for further details

Greatwood Youth Club



Support Music Games
Chill Out Arts and Crafts

Tuesday
6.30pm until 8.30pm
Greatwood Community Centre
Open to 10 - 14 year olds
50p Entry

Here to support voluntary youth clubs and projects...



North Yorkshire Youth (NYY) offer support and advice to set up, develop and sustain community youth clubs and projects across North Yorkshire. If you are interested in making a difference in your community and working with local young people then we'd love to hear from you.

For more information please contact:
R. Lennon (Lenny)
Youth Development Worker
lenny@nyy.org.uk
07500 787 621

Volunteer-Led Youth Clubs/Projects

Bentham Youth Club

Volunteer led youth club
runs every Tuesday 4-5.30pm
at Bentham Town Hall
Facebook: Bentham Youth Club

Malham Youth Group

Volunteer led youth club
Meets monthly on a Sunday evening
from 7-9pm at Malham Village Hall,
BD23 4BL.

Broughton Rd Community Centre

Volunteer-led Youth activities
for more information please contact
BRCC100@outlook.com

Volunteering Websites

- ◆ Vinspired –
www.vinspired.com/volunteer
- ◆ Community First Yorkshire
—www.communityfirstyorkshire.org.uk/volunteering
- ◆ Volunteering Matters –
www.volunteeringmatters.org.uk
- ◆ Compass ehub— <https://www.compassehub.com/>



Are you a budding photographer in years 7-13 living in North Yorkshire?

2023 Calendar Photo Competition "A YEAR IN NORTH YORKSHIRE"

Photos can be taken on any device and need to
represent North Yorkshire.

They can be Landscapes, scenery or street photography,
with no people present - we want to see North Yorkshire
at its best throughout the year!

Closing date 31st August 2022



For more information and to enter:
contact Ian on **07825 566 658**
or email **ian@nyy.org.uk**

T&C's apply - see www.nyy.org.uk

Poster image is looking from Grinton towards Reeth in Swaledale





Welcome to the
Click Clever Click Safe campaign, brought to
you by the UK Council for Child Internet Safety.

Internet safety advice for
YOUNG PEOPLE



ZIP IT

Keep your personal
stuff private and think
about what you say
and do online



BLOCK IT

Block people who send
nasty messages and
don't open unknown
links and attachments



FLAG IT

Flag up with someone
you trust if anything
upsets you or if
someone asks to
meet you online.

The internet is a great way to see more, learn
more and have lots of fun.
To help you enjoy it safely, you should follow the
Click Clever, Click Safe Code.



Do You Want To Help Your Area

Be part of Craven Youth Council, you can plan projects
you're passionate about, help enact the change you want
to see and build your skills



The Go-To

For healthy minds in North Yorkshire

The Go-To website is the home of wellbeing
and mental health for young people in North
Yorkshire.

We're here to signpost young people,
parents, carers and professionals to the
right help and support.

Visit www.thegoto.org.uk



To add or update any entries in this leaflet please
email rachel@nyy.org.uk

Youth Clubs/Projects



North Yorkshire County Council - Youth Provision

- ◆ **LGBTQA** - Youth group for age 14-19 who are Lesbian, Gay, Bisexual, Transgender or Questioning. Currently meeting online every 2 weeks on a Wednesday., 5-6pm
Info: Chloe.thwaites@northyorks.gov.uk
- ◆ **NEET Support**—16 - 19 and not in Education, Employment or Training.,
for more information contact: Children & Families Hub, Brougham Street, Skipton, BD23 2ES Tel: 01609 533118 email: C&FHubCraven@northyorks.gov.uk

North Yorkshire Youth (www.nyy.org.uk)

- ◆ **Greatwood Youth club, Skipton**— Runs every Tuesday at Greatwood Community Centre for info contact Laura on 07387 101639 or look at facebook page
- ◆ **Settle Youth Club**—for further info please contact Rachel on 07500 787621 or look at facebook page
- ◆ **Glusburn Youth Club** - Runs every Thursday during term time at Glusburn Institute Arts Centre 6.30-8.30pm for 11-19 year olds 50p, For further info please contact Rachel on 07500 787621 or look at facebook page

Selfa Youth Clubs-

- ◆ **Bentham Youth** , Pioneer Projects, Bentham, Mondays 6pm-7.30pm.
- ◆ **Selfa Youth**, project based activities. Ings School, Skipton. Wednesdays 6.00pm-8.00pm
- ◆ **Selfa Wellness**— A weekly club aimed at girls who could benefit from a group promoting social interaction, independence and increased self-confidence. Ings School, Wednesdays 4pm—5.30pm.
- ◆ **Sports Leaders** - Physical and emotional well-being group with sports and activities. Ings School, Skipton. Tuesdays 6.00pm-8.00pm
- ◆ Saturday SEND club for age 4-19yrs
- ◆ Selfa Sundays—A range of activities including rebound therapy and family sports sessions.
- ◆ Family Music, iMuse—SEND groups, contact Selfa for dates and times.
Contact <https://www.selfa.org.uk/youth/clubs/> Tel: 01756 706384 , Referral only.

Voluntary Youth Clubs/Projects—

- ◆ **Bentham Youth Café** - Runs every Tuesday 4-5.30pm Facebook: Bentham Youth Club
- ◆ **Broughton Rd Community Centre** - new youth group in development, for more information please contact Amer Alam, 07894 468377
- ◆ **Malham Youth Group** - Runs regularly (each month) on Sunday evening from 7-9pm at Malham Village Hall, BD23 4BL.

Basketball

- ◆ **Skipton Basketball** - . For ages 6+. Sandylands Sports Centre. Facebook @skiptonbasketball, or www.westcraventurbines.co.uk

Bowling

- ◆ **Matrix Superbowl** is the only place in Craven where you can play indoor Ten Pin Bowling Tel No. 01756 701 623. website: www.matrixsuperbowl.co.uk/
Most towns and villages have their own bowls club, contact direct for details of membership requirements.

Boxing-

- ◆ **Keighley Boxing club** - weekly junior sessions contact Steve on 0795 824 9830. www.keighleyabc.blogspot.com/

Canoeing

There are no clubs based in Craven, however Pendle Paddlers are based just over the border into Lancashire at Foulridge Canal. www.pendlepaddlers.com and there is also a canoe club in Clitheroe <https://www.clitheroecanoeclub.org.uk/>

Climbing

- ◆ **Ingleton Climbing Wall**—<https://www.ingletonclimbingwall.com/>

Cricket

The following cricket clubs have junior sections:

- ◆ Cowling - www.cowling.play-cricket.com
- ◆ Embsay - embsay.play-cricket.com
- ◆ Gargrave - gargrave.play-cricket.com
- ◆ Ingleton - ingletoncc.play-cricket.com
- ◆ Settle - <http://settle.play-cricket.com>
- ◆ Skipton—skipton.play-cricket.com
- ◆ Upper Wharfedale - <http://upper-wharf.play-cricket.com/>

Cycling

- ◆ **Skipton Cycling Club**—juniors 12yrs+ <http://skipton.cc/club-info/youth-membership/>
- ◆ **Settle Wheelers**—ages 5+, Saturday mornings, <https://settlewheelers.org.uk/juniors>
- ◆ **South Craven Wheelers**—currently link in with Skipton Cycling club juniors, for more info please contact 07769 296320, Facebook: South Craven wheelers

Dance

- ♦ **Blue Moose Dance Company** - Dance classes in Ingleton & Bentham Website: <https://www.bluemooseedance.org.uk/community-programme>
- ♦ **Helen Howard Dance** - Various classes for different ages in Settle area, Email: helenhowarddance@gmail.com, Phone: 07789 383568, Website: helenhowarddance.co.uk
- ♦ **Northern Dance Centre** - A range of classes held in Skipton at Craven Hall studio, Sackville St, Skipton. <https://www.northerndancecentre.com/classes-skipton-ilkley> or Phone: 01943 603213

Football

The following Junior Football Clubs run a variety of different age range teams

- ♦ **Embsay Juniors** - Website: embsayjuniors.co.uk
- ♦ **Grassington Juniors** - Fb Grassington juniors football club, tel 01756 752210
- ♦ **Craven Wanderers**—Ingleton - Fb Craven Wanderers
- ♦ **Settle United Juniors** - Website: www.settleunitedafc.co.uk/
- ♦ **Skipton Juniors FC** - Website: <https://skiptonjuniorsfc.org.uk/>
- ♦ **Sutton Juniors** - Website: suttonjuniors.co.uk

Girl Guiding

For more information about Girlguiding - Website: girlguidingnyw.org.uk

Golf

- ♦ **Bentham Golf Club** — Junior Coaching Classes [Www.benthamgolfclub.co.uk](http://www.benthamgolfclub.co.uk) , Phone: 015242 62455
- ♦ **Skipton Golf Club** - Junior section which includes summer Roll up sessions on alternate Thursday evenings. Website: www.skiptongolfclub.co.uk Phone: Sylvia Eastwood on 01756 793767

Gymnastics

- ♦ **Craven Gymnastics Club** - Gymnastics for all ages at Gargrave Rd, Skipton BD23 1QU - Website - <https://www.cravengymnastics.co.uk/classes> - Phone: 07522760239

Horse Riding

Various riding centres operate in Craven, including:

- ♦ **Craven Country Ride** - www.cravencountryride.co.uk - (Coniston Cold)
- ♦ Draughton Riding Centre, Height Ln, Skipton BD23 6DU , website - <http://draughtonridingcentre.com/>
- ♦ **Kilnsey Riding** - www.kilnseyriding.com - (Conistone with Kilnsey)

Sports

- ♦ **Selfa Sports** - A relaxed and supportive club making being active, fit and healthy fun. Ings School, Skipton. Tuesdays 6.00pm-8.00pm . Selfa—01756 706384

Squash

Squash courts and Junior coaching is available at Sandylands

Swimming

- ♦ **Settle Stingrays Swimming Club** - Runs weekly at Settle Swimming Pool for ages 7-17yrs - For more info: 01729 824089 www.settleswimmingpool.co.uk/SwimClub.htm
- ♦ **Skipton Swimming Club**—Welcome swimmers of all ages and abilities www.skiptonsc.co.uk
- ♦ **Upper Wharfedale Swimming club** for ages 4+ - more info and contact details on facebook, Tel No. 01756 752 556

Tennis

- ♦ **Austwick Tennis Club** - (please check with club to see if a junior coach is available) Website: www.austwicktennisclub.co.uk Tel: 01729 860235
- ♦ **Craven Lawn Tennis Club** - Junior coaching programme for ages 5+. Regular teenage tournaments and annual fun day. For more info: www.craventennis.org.uk/coaching/
- ♦ **Skipton Tennis Centre** - coaching and holiday camps for ages 3+ For more info -www.skiptontennis.com/ or email info@skiptontennis.com

Theatre/Drama

- ♦ **Bad Wolf Theatre Company** - meets at the Auction Mart theatre, contact 07747 697752
- ♦ **GTS Performing Arts** - <https://www.facebook.com/gtsperformingarts/>
- ♦ **Stagecoach**—performing arts for children aged 4-18yrs, covering Dance, Drama and Singing. The Skipton group meet on a Saturday afternoon at Skipton Academy 0113 234 6098, <https://www.stagecoach.co.uk/keighleyandskipton#classes>

Volunteering

- ♦ <https://communityfirstyorkshire.org.uk/volunteering/>
- ♦ <https://craven.compassehub.com/volunteers>

Wildlife/ Environment

- ♦ **Yorkshire Dales Millennium Trust (Green Guardians Project)** - www.ydmt.org
- ♦ **Young Rangers** - <https://www.yorkshiredales.org.uk/about/looking-after/volunteering/young-rangers/>

Young Farmers

Craven District Young Farmers hold meetings every 6 weeks on Thursday's at Niffany Farm, Skipton Clubs within Craven are: Worth Valley, Upper Wharfedale, Silsden with



Get in the mix!

nymaz
make music happen

National Foundation for Youth Music
ARTS COUNCIL ENGLAND

14 – 25 years old and love music?
Become a NYMAZ Music Ambassador
and make more music happen for young people in North Yorkshire

Rugby Union

The following Rugby Clubs all have Junior teams for various ages:

- ◆ **North Ribblesdale Rugby Union Football Club (Settle)** website: <http://www.northribblesdale.co.uk/>
- ◆ **Skipton Rugby Union Football Club** For more information www.pitchero.com/clubs/skiptonrugbyfootballclub
- ◆ **Wharfedale Rugby Union Football Club (Threshfield nr. Grassington).** For more information www.wharfedalerufc.co.uk

Running

See Athletics clubs

Skipton Park run—Skipton parkrun is a FREE weekly 5km event for runners of all standards, which takes place every Saturday at 9:00am in Aireville Park, Gargrave Road, Skipton, BD23 1UQ. <https://www.parkrun.org.uk/skipton/>

Scouts and Explorers

(For more information call: 01845 523 858 - email: office@nys.org.uk - Website: www.nys.org.uk)

The Scout Divisions in Craven are:

- ◆ Ingleborough District offers Scouting for 8– 18 year olds in North Craven.
- ◆ South Craven



Join our
YOUTH PRIDE
group for
North
Yorkshire

We are a group of LGBTQ+IA and Allies” who either live, work, study, or are linked in some other way to North Yorkshire between 13-25 years old.

We aim to support each other, gain advice and spread awareness of LGBTQ+ issues through campaigning.

We meet online on Microsoft Teams every 2nd and 4th Wednesday of the month 5-6pm.

for more info contact:
chloe.thwaites@northyorks.gov.uk

  **North Yorkshire**
County Council

Here to support voluntary youth clubs and projects...



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For more information please contact:

Rachel Rabjohns
Youth Development Worker
Craven
Rachel@nyy.org.uk
07500 787 621

Martial Arts

- ◆ **Craven Aikido Club** - Junior club runs every Friday at South Craven School. *Contact : c.white137@btinternet.com, or tel. 07891 112416, www.britishaikidoassociation.co.uk/clubs/yorkshire-and-humber/craven-aikido-formerly-skipton-aikido/*
- ◆ **Craven Judo Academy** - Settle, Bentham and Ingleton Primary schools, *various junior and senior classes. Email: danny@cravenjudo.co.uk - Number: 07804 819203*
- ◆ **North Yorkshire Wado -Kai Karate club.** Settle Primary School on a Tuesday, Burton in Lonsdale on a Friday, *for more details phone 07925973694 or email northyorkshirekarate@hotmail.com*
- ◆ **Skipton Ju-jitsu-** Junior sessions every Saturday morning 10:00 - 11:30am at Sandylands Sports Centre, Skipton BD23 2AZ. *Website: www.rosecountiesjijitsu.co.uk Email: sensei.nick@rosecountiesjijitsu.co.uk Tel: 07729 743175*
- ◆ **Skipton Karate Club**—Tuesday and Thursday evenings at Craven Leisure Centre— *www.skiptonkarate.org.uk, tel Ian or Rebecca Spence 01535 637 313 07803 751 161*

Media

Dales Radio is a radio station for the Yorkshire Dales. It runs on a 'not for profit' basis and is staffed by volunteers. They welcome contributions about local projects in areas of Craven (and the rest of the Dales). *For more info: https://www.dalesradio.co/*
Facebook - Dales Radio

Mountain Biking

For information on routes please see *https://cyclothedaes.org.uk/route_type/mtb/* and Guisburn Forest *https://www.forestryengland.uk/gisburn-forest-and-stocks*

Music Clubs

- ◆ **Girls Rock Club**, Trinity Church Hall, Westmoreland Street Skipton. Tuesdays 3.30pm — 5.30pm , A weekly club aimed at girls aged 10 to 16 years run by SELFA—01756 706384
- ◆ **NYMAZ**—youth music projects across North Yorkshire - *www.nymaz.org.uk*
- ◆ **Settle Amateur Operatic Society** - musical productions - *Facebook: Settle Amateur Operatic Society*
- ◆ **Skipton Music Centre** Saturday mornings (term time) at Skipton Music Centre at Er-mysteds School. All ages including adults and junior sessions
Website -www.skipton-music-centre.org.uk

Netball

- ◆ **Craven Dragons Netball** - Wednesday's 5pm— 7:30pm at South Craven School 11yrs +
- email *anniesheryn@gmail.com* Phone: 07813 703585

Outdoor Clubs

- ◆ **Craven Energy Junior Triathlon Club** - Runs various sessions for 8— 16 year olds in different locations. *email cravenenergyjuniortriathlon@gmail.com , 07803899443 .*
- ◆ Various triathlon training sessions , coaching and events *For more info contact: andy@doingbigandscary.com or jill@runbikefun.co.uk*