

Useful Information...



Apprenticeships

- ◆ www.apprenticeships.gov.uk

Alcohol and Drugs

Frank (Support with Drugs)

Call: 03001 236 600 or text: 82111 Website:
www.talktofrank.com/

Humankind NY Rise - drug and alcohol support service for young people. <https://humankindcharity.org.uk/service/nyrise/>

Childline

- ◆ Call: 0800 1111 - www.childline.org.uk

Fearless

- ◆ A way to report crime anonymously - www.fearless.org

Jobs

- ◆ www.gov.uk/jobsearch
- ◆ www.indeed.co.uk

NSPCC

- ◆ Call: 08088 005 000
- ◆ Email: help@nspcc.org.uk
- ◆ Website: www.nspcc.org.uk

Are you a Young Carer?

- ◆ **Harrogate Carers Resource** - 11 North Park Road, Harrogate, HG1 5PD. Telephone: 01423 500555 Website: <https://www.carersresource.org/>

IDAS (Independent Domestic Abuse Service)

- ◆ www.idas.org.uk
- ◆ Domestic Abuse Helpline: 03000 110 110
- ◆ Rape Support Line: 0300 111 0777

Sexual Health

- ◆ **Yorsexualhealth** - www.yorsexualhealth.org.uk
- ◆ **Compass Reach** - Emotional wellbeing. www.compass-uk.org

North Yorkshire Music Action Zone

- ◆ Make Music Happen - www.nymaz.org.uk

Housing

- ◆ **SASH** - www.sash-uk.org.uk
- ◆ **NYCC** - www.northyorks.gov.uk/
- ◆ **HBC** - <https://www.harrogate.gov.uk/>
- ◆ **Foundation housing** - Haywra Street, Harrogate, HG1 5BJ. Telephone: 01423 500905. Website: www.foundationuk.org
- ◆ **Harrogate Homeless project** - www.harrogate-homeless-project.org.uk. Telephone: 01423 566900

Libraries www.northyorks.gov.uk/article/23969/Local-libraries

- ◆ Harrogate
- ◆ Knaresborough
- ◆ Starbeck
- ◆ Bilton and Woodfield
- ◆ Boroughbridge
- ◆ Ripon
- ◆ Pateley Bridge
- ◆ Masham

Outdoor Centres

- ◆ **Carlton Lodge Activity Centre** - Carlton Miniott, Thirsk, YO7 4NJ. Website: www.carltonlodge.org.uk. Telephone: 01845 522145

North Yorkshire Sport

- ◆ www.northyorkshiresport.co.uk

This booklet has been produced by:

North Yorkshire Youth
Carlton Lodge Activity Centre
Carlton Miniott
Thirsk
YO7 4NJ
Tel: 01845 522 145
e-mail: info@nyy.org.uk



Clubs and Projects in the Harrogate District for Young People

Harrogate - Knaresborough - Ripon - Boroughbridge - Pateley Bridge - Surrounding villages

Jan 2024



Over 130 Clubs and Projects inside

* Please note that age limits vary and there may be costs to take part in activities publicised. All information provided in this leaflet is secondary research and may not be completely accurate. We advise that you contact the group or venue before attending to confirm current opening times etc.

A - Z of Activities



Air Cadets

- ◆ **Royal Air Force Air Cadets** - Age 13 to 20 years. Website: <https://www.raf.mod.uk/aircadets/> - Squadrons in Harrogate, Knaresborough and Ripon

Angling

- ◆ **Ripon Piscatorial Association** - Junior members aged 12 to 18 years. Under 12s must be with an adult member—<https://riponrpa.co.uk/>
- ◆ **Boroughbridge District Angling Club** - see Facebook page or email kevinadcock481@gmail.com
- ◆ **Nidderdale Angling Club** - various days and locations - nidderdaleac.co.uk—01423711822

Archery

- ◆ **St George's Archery Club** - Various days and times depending on the current season. For yr8 + Website: www.harrogate-archery.co.uk
- ◆ **National Archery** - Ripley Castle. Various days and times. Booking essential. Website: <https://www.live-for-today.com/activities/>

Army Cadets

- ◆ For general information telephone: 01904 490529
Website: www.armycadets.com/county/yorkshire-north-and-west-acf
- Ripon** - Monday and Thursday. TA Centre, Clotherholme Road, Ripon. HG4 2DE.
- Knaresborough** - Monday and Thursday. ACF Centre, Halfpenny Lane, Knaresborough. HG5 0PB.
- Harrogate** - Tuesday and Thursday. Cadet Centre, Strawberry Dale, Harrogate. HG1 5EF.

Badminton

- ◆ **Boroughbridge Feathers Badminton Club** - Thursdays 6.15– 7.30pm at Boroughbridge High School Sports Centre. Telephone: Margaret Taylor on 07711 496005.
Email: ma.shuttles@btinternet.com, <http://boroughbridgefeathers.co.uk/>
- ◆ **Harrogate Racquets Club** - (see also Tennis)
Website: <https://clubspark.lta.org.uk/harrogateracquetsclub>

Boxing

- ◆ **Harrogate Amateur Boxing Club** - Mondays - 4:30-5:30pm junior boxing. Unit 7a Provincial Works, The Avenue, Starbeck, Harrogate. HG1 4QE.
Telephone: 07860 374553, <https://www.facebook.com/HarrogateABC/>
- ◆ **Kao Loi Boxing** - Thai boxing, MMA and self-defence. Junior classes available. 154a Skip-ton Road, Harrogate, HG1 4LL. Website: <https://kaoloi.co.uk>
- ◆ **Ripon Boxing and Fitness Club** - Tuesdays 6-6.45pm, Fridays 5.45-6.30pm.
Facebook: www.facebook.com/Ripon-Boxing-Fitness-Club-688327404599416/

Are you a Young Person needing help with your mental health?

Do you need more information? Talk to family, friends or an adult you trust.

- The Go-To** For healthy minds in North Yorkshire
- recoverycollege** of York
- the sleep charity**
- childline** online or on the phone, anytime
- Call 0800 1111 24 hours, 7 days a week for free

Do you need urgent support or help?

If there is immediate danger of serious risk or harm call 999

If you need someone to talk to and the problem isn't immediately life threatening call 111

- NHS**
- childline** online or on the phone, anytime
- shout** text support
- SAMARITANS** 18+
- PAPYRUS** PROVIDER OF MENTAL HEALTH SERVICES

Would you like to talk to someone?

If you are concerned about your mental health speak to a member of school or college staff as soon as possible. They will have access to a range of services that will be able to help you.

- WELLBEING IN MIND**
- NHS Bradford District Care** NHS Foundation Trust
- Campanus phoenix**
- childline** online or on the phone, anytime
- Call 0800 1111 24 hours, 7 days a week for free
- NHS Specialist CAMHS referral**

Self-Care

Everyday life brings various ups and downs therefore it is important to take time for self-care.

There are lots of things you can do to look after your mental wellbeing. Click here for some top tips on feeling good and advice for coping with common issues.

Do you need more information? Talk to family, friends or an adult you trust.

Teams available in some schools across Scarborough, Ryedale, Harrogate, Selby, Hambleton and Rotherham - see a member of school staff for more information

Mental health support teams are available in some schools in craven - speak to a member of school staff for more information

Buzz text service 07920 831168 open Monday - Thursday 9am-5pm and Friday 9am-4:30pm (excluding Bank Holidays)

Click here for our Market Place which offers more in depth information on mental health services in North Yorkshire.

Youth Clubs/Projects



Carers Together

- ◆ **uTime youth club** - for 11-18 yr old young carers, meet at St Georges youth club, 2 Mornington Terrace, Harrogate HG1 5DH every other Thursday, term time only, from 6.00pm- 7.30pm.

Harrogate Borough Council - Youth Provision

Please see website for up to date details— <https://www.harrogate.gov.uk/community-centres>

Inspire Youth

- ◆ **Games Zone** – Mondays 4-5.30pm, inclusive gaming session in collaboration with Time Together in Starbeck (booking only via Time together (Office@time-together.org), charges apply
- ◆ **Youth Matters (Knaresborough)** – Mondays, outdoors from Mobile Youth base at Knaresborough Community Centre car park 6.30 -8pm, free to attend
- ◆ **Youth Matters (Starbeck)** – Wednesdays, outdoors from Mobile Youth base at Starbeck Methodist church / Belmont Field 6.30 -8pm, Free to attend
- ◆ **Junior Youth Club (Knaresborough)**, Thursdays Knaresborough Wellbeing Hub (Formally Knaresborough Community Centre 4-5.30pm, costs £1 to attend
- ◆ **Park Life (Ripon)** –Thursdays, Ripon Coach Park (winter months / Spa Park lighter months) 7-8.30pm, Free to attend

All the above are term time, with additional activities usually on offer in the school holidays _ website www.inspireyouth.uk

North Yorkshire County Council -Youth Provision

- ◆ **LGBT Support Group** - Runs online alternative Thursdays 5.00 - 6.30pm for 13 to 21 year olds.
- ◆ **Pride Group**– meets fortnightly in Harrogate, on a Wednesday 5.30-7pm,
- ◆ **North Yorkshire Youth Voice** - NY Voice are North Yorkshire County Council's Youth Voice & Creative Engagement Team, explore the many different ways you can get involved and make a difference at <https://www.northyorks.gov.uk/ny-voice-be-change>. For information on all projects please contact Chloe.Thwaites@northyorks.gov.uk

Ripon YMCA

- ◆ **Teens Drop In** - Wednesdays 3.30-5.30pm
- ◆ **Spark**—Street-based youth work in Spa Gardens, Tuesdays 6-7.30pm
- ◆ **Young Leaders** , meet 1st Thursday of the month, 3.30-5pm

Email: youth@riponymca.org, tel: 01765 607609



HDFT Youth Forum Welcomes You

What do we do?

The Youth Forum talks about topics like:

- How to make local NHS services more welcoming to children and young people
- Healthcare rights for young people.
- How young people access healthcare services
- The group also goes on tours 'behind the scenes'.

The Youth Forum is a great place to meet new people, share experiences, gain knowledge and learn new skills - plus there is always food!



'Our Hopes for Healthcare'

These 'Hopes' were developed to promote the voice of children and young people.

How to get involved?

Aged 13-19?

Find out more by emailing at youth.forum@hdft.nhs.uk or call 01423 557351 Visit our website on <https://www.hdft.nhs.uk/about/education-liaison/youth-forum/>





We are improving healthcare services for young people.

Our Youth Forum asked young people what was important when they used healthcare services and then created **Our Hopes for Healthcare**. Here are 3 of the Hopes...



Early health information



Getting involved in your care



Understanding healthcare rights



See all 7 Hopes at www.hdft.nhs.uk/youth and find out how you can get involved.

Design by Nick Burgoyne

You matter most



make music happen

Get in the mix!





National Foundation for Youth Music



ARTS COUNCIL ENGLAND

14 – 25 years old and love music?

Become a NYMAZ Music Ambassador

and make more music happen for young people in North Yorkshire

North Yorkshire Young People's Drug and Alcohol Service

If you are a young person who lives in **North Yorkshire aged 10-18, or 19-24 with SEND (Special Educational Needs and Disability) and need support around drugs or alcohol, we can help.**

Our service is free, friendly and confidential.

We can help with:

- Support to improve your health and well being
- Support to stop or reduce alcohol or drug use
- Education and advice around drugs and alcohol
- Family support

We can also provide guidance to schools, colleges and other professionals.

Phone us or contact us via the email address provided to make a referral, or to discuss how we may be able to help.

Please call **01723 330730** (option 2) or **08000 14 14 80** (option 2) freephone number

We are open **9am-5pm** Monday to Friday.

Alternatively, you can email us:
NYYP.admin@humankindcharity.org.uk



This service is provided on behalf of North Yorkshire County Council by Humankind®

Community and Voluntary Led Youth Clubs

(Members of North Yorkshire Youth)



Ripon Youth Café

Allhallowgate Methodist Church

Wednesdays 6.00-7.30pm

School years 6 +

Email riponyouthcafe@yahoo.com

Harrogate Junior Chess Club

St.Roberts Social Club

Thursday 6.30-8.00pm, yrs 7-

Squigglers Art Club

Ripon Library & Workhouse
Museum

**Mondays 4.30 - 6.00pm for ages
10 - 16 years**

Call Claire on 01609 534543 or
Carrie on 01765 690799

Melmerby Youth Club

Village Hall

Tuesday 6.00- 7.00pm for ages 9 +

Fortnightly

Email Darren.glegg@yara.com

Please check opening times and any joining instructions with club before attending.

For NYY clubs please contact ellie@nyy.org.uk, or check club's Facebook page for further information.

Kirkby Malzeard Youth Club

The Mechanics Institute

Thursday 6.30-8.00 pm for school years 5 - 8

Email kirkbymalzeardyc@gmail.com

Ripon ART project are members of North Yorkshire

Squigglers

Art Club

HELPERS needed to help run sessions at both the **Workhouse Museum** and the **library**.

If you have an interest in **ART** or a particular skill please get in touch.

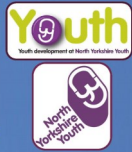
Mondays 4.30 - 6pm

Carrie Phillip: 01765 690799
Claire Thompson: 01609 534543

North Yorkshire County Council

NYY Youth Clubs

Jennyfields Youth Club



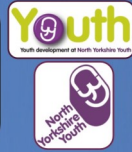
Thursdays
7pm until 9pm
Harold Styan Community Centre
Open to Year 7+
50p Entry

Bilton Youth Club



Tuesdays
7-9pm
Bilton Methodist Church, access via Bar Place
Open to yr7+
50p per session

Knaresborough Youth Club



Tuesdays
7pm until 9pm
Gracious St Church, Chapel St, HG5 8AN
Open to Year 7+
50p Entry

Ripon LGBTQ+ Youth Club



Thursdays 3.30-5pm
For young people aged 11-19
(25 for those with additional needs)
For more details, please contact
keeley@nyy.org.uk 07999 032265

Boys Brigade

- ◆ Website: www.boys-brigade.org.uk. Ages 5 to 18 years.
- ◆ Harrogate Company - 3rd Harrogate, Starbeck Methodist Church.
- ◆ Harrogate Company - 4th Harrogate, St Peters Church.

Cheerleading

- ◆ E.K Galaxy Cheer & Dance - From age 4 + for more information email ekgalaxyinfo@gmail.com or message 07718 300624
- ◆ Harrogate Gymnastics Academy Cheer - The Zone, Hornbeam Park Ave 01423 874793 IG - @harrogategymnastics
- ◆ Harrogate Hornets - Jennyfields Styan Community Centre. Email: sports.development@harrogate.gov.uk

Chess

- ◆ Harrogate Youth Chess Club - For young people in school years 7 to 13. Thursdays 6.30 - 8pm. Email harrogatechessclub@hotmail.co.uk—Please check with club to confirm venue.
- ◆ Harrogate Junior Chess Club - For children aged 7 to 12 years. Wednesdays 5 - 6.30pm. Email harrogatejuniorchessclub@gmail.com

Cricket

- ◆ Harrogate and District Evening Cricket league - For individual club contacts refer to the district website: www.freewebs.com/hgtevelge/clubcontacts.htm
- ◆ Pannal Junior Cricket Club - for more information email pannalcc@outlook.com

Dance

- ◆ Ripon Youth Theatre - (see Theatre/Drama) A musical theatre group for children and young people aged 8 to 18 years. Ripon Operatic Society, Allhallowgate, Ripon, HG4 1LQ. Email: ryt@riponoperatics.org. Website: www.riponoperatics.org
- ◆ Interact - A drama club for those aged 18 years + with additional needs. Email: Me.scurr@gmail.com or telephone: Mary Scurr on 07940 873217.
- ◆ Chatsworth Dance Centre - Email: info@chatsworthdance.co.uk or telephone: 01423 522322. Website: www.chatsworthdance.co.uk
- ◆ Lynton Academy - Unit 1, Grove Park Centre, Harrogate, HG1 4BT. Email: lynnecroome@mac.com or telephone: 01423 520481. Website: www.lyntonacademy.org/About-Us.html
- ◆ St Aelred's Irish Dance Group - Friday 4:30 - 6pm / 6 - 7.30pm. Woodlands Methodist Church Hall, Wetherby Road, Harrogate, HG2 7SG. Telephone: 07841 053115
- ◆ Danceworx - Harrogate Studio and Knaresborough Studio. Telephone: 07531 397965. <http://www.danceworx.co/>
- ◆ ACTAcademy - (see Theatre / Drama) St John's House, John Street, Harrogate, HG1 1JZ. Telephone: 0845 680 2282 or email: info@actacademy.co.uk. Website: www.actacademy.co.uk
- ◆ Generation Dance - over 20 different classes per week in Boroughbridge. To find out more contact 07734 434526 4a Clay Pit Lane, Roecliffe
- ◆ Ripon Dance Academy - Hugh Ripley Hall, Ripon, HG4 2PT.

Diving (Scuba)

- ◆ **Harrogate Sub Aqua Club (BSAC)** - Harrogate Hockey Club, Granby Hockey Centre, Ainsty Road, Harrogate, HG1 4AP. Email: info@harrogatebsac.co.uk. Website: www.harrogatebsac.co.uk
- ◆ **Overland Underwater** - 8 Knaresborough Road, Harrogate, HG2 7SP. Email: enquiries@overlandunderwater.com or telephone: 01423 547949. Website: www.overlandunderwater.com
- ◆ **Ripon Divers** - Website: www.ripondivers.co.uk.
- ◆ **Yorkshire Dales Sailing Club** - Website: www.yorkshiredales.sc

Football

- ◆ **Boroughbridge Ability for All** - For boys and girls aged 6 to 16 of any ability who want to develop their football and social skills. [http://www.boroughbridgejuniorsfc.co.uk/teams/Ability-For-All--\(Disability-Football\)](http://www.boroughbridgejuniorsfc.co.uk/teams/Ability-For-All--(Disability-Football))
- ◆ **Beckwithshaw Saints Junior FC** - www.beckwithshawsaintsjfc.co.uk
- ◆ **Boroughbridge Junior FC** - www.boroughbridgejuniorsfc.co.uk
- ◆ **Harrogate Railway Athletic FC** - www.harrogaterailway.com
- ◆ **Killinghall Nomads Junior FC** - <https://www.killinghallnomadsjfc.com/>
- ◆ **Knaresborough Celtic Junior FC** - www.knaresboroughceltic.co.uk
- ◆ **New Park Bulldogs Junior FC** - www.newparkbulldogs.co.uk
- ◆ **Nidd United Junior FC** - www.niddclub.blogspot.com
- ◆ **Pannal Ash Junior FC** - www.pannal-ash.co.uk
- ◆ **Pannal Sports Junior FC** - <http://www.pannalsportsjfc.co.uk/>
- ◆ **Ripon City Panthers FC**—<https://www.riponcitypanthersjfc.com/>
- ◆ **Scotton Scorchers Junior FC** - www.scorchersclubnews.blogspot.com
- ◆ **Tockwith Junior FC** - www.tockwithjuniors.com
- ◆ **Kirkby Malzeard Junior Football Club** - <https://kirkbylions.wordpress.com/>
- ◆ **Harrogate Town AFC** – Summer Holiday Football Camps Available for children between the ages of 6 to 14 years. Contact – enquiries@harrogatetownafc.com for more details.

Gaming

- ◆ **Harrogate Games Zone** - inclusive gaming sessions for young people 11+, Please contact Time Together at Unit 10 Provincial Works, Laundry Road (off The Avenue), Starbeck, Harrogate. HG1 4QE. Telephone: 01423 883992. Email office@time-together.org
- ◆ **Harrogate Wargamers Club** - variety of figure and board games as well as role playing games - Turret House East Parade, Harrogate. 07956 665288

Girl Guiding

For venue details, times and registration— girlguidingnortheast.org.uk

Volunteering



Community First Yorkshire



You can find out about the latest opportunities, different types of volunteering and what others have to say about Volunteering in North Yorkshire.

Please ring 01904 704177 or email: volunteersupport@communityfirstyorkshire.org.uk for more information

H&RCVS
Harrogate and Ripon Centres
for Voluntary Service



Where to Turn

Free Online Community Directory
for the Harrogate District

Our fully searchable Where to Turn Community Directory makes it easy to access up to date information about hundreds of community activities, services and events which support good health and wellbeing.

We're here to help connect you.

harcvs.org.uk/WhereToTurn

☎ 01423 504074 ✉ cvs@harcvs.org.uk 🐦 @HARCVS

Harrogate & Area Council for Voluntary Service Limited
Company Limited by Guarantee Registered in England & Wales
Company No. 7760477 Charity No. 1144758

H&RCVS
Harrogate and Ripon Centres
for Voluntary Service



Volunteering Directory

Find your ideal role

Our free online directory of volunteering opportunities in the Harrogate District can be searched by interest area, age, availability, wheelchair access and location.

Browse hundreds of different opportunities to volunteer and to get involved in your local community.

harcvs.org.uk/Volunteer

☎ 01423 504074 ✉ volunteer@harcvs.org.uk
🐦 @VolunteerHARCVS

Harrogate & Area Council for Voluntary Service Limited
Company Limited by Guarantee Registered in England & Wales
Company No. 7760477 Charity No. 1144758

- ◆ **Fuse Theatre** - Weekly inclusive drama group for 11 to 25 year olds with learning and physical disabilities. Email :eve@ruralarts.org or call 01845 526536
- ◆ **Ripon Youth Theatre - (see Dance)** A musical theatre group for children and young people aged 8 to 18 years. Ripon Operatic Society, Allhallowgate, Ripon, HG4 1LQ. Email: ryt@riponoperatics.org. Website: www.riponoperatics.org
- ◆ **Badapple Youth Theatre** - A theatre group for children and young people aged 8 - 16 years. The Village Club, Green Hammerton, YO26 8AE. Website: badappletheatre.co.uk.
- ◆ **Harrogate Theatre** - Youth theatre, youth singing, youth playwrights and work experience opportunities. Telephone: 01423 502710 or email: hyt@harrogatetheatre.co.uk. Website: www.harrogatetheatre.co.uk
- ◆ **Katrina Hughes Dancers—(see Dance)** The Studio, Grove Road School, Harrogate. HG1 5EP. Email: info@katrinahughesdancers.co.uk or telephone: 07813 181411. Website: www.katrinahughesdancers.co.uk
- ◆ **Stagecoach Harrogate** - Drama, dance and singing classes. Website: www.stagecoach.co.uk/harrogate.

Wildlife

- ◆ **Yorkshire Wildlife Trust:** www.ywt.org.uk/events
- ◆ **Pinewoods Conservation Group** - 7 College Road, Harrogate, HG2 0AQ. Email: secretary@pinewoodsconservationgroup.org.uk. Website: www.pinewoodsconservationgroup.org.uk/
- ◆ **Nidderdale Wild Watch** - The Old Workhouse, King Street, Pateley Bridge, HG3 5LE. Telephone: 01423 712950 or email: nidderdaleonb@harrogate.gov.uk. Website: <https://www.nidderdaleonb.org.uk/wild-watch-events>

Young Farmers

- ◆ **Yorkshire Federation YFC** - Website: www.yfyfc.org.uk/ or telephone: 01423 865870
- ◆ **Felliscliffe YFC** - Kettleing Millenium Village Hall on Wednesdays at 7:45pm. Facebook: <https://www.facebook.com/felliscliffe.youngfarmers?fref=ts>
- ◆ **Knaresborough YFC** - Knaresborough Town Football Club. Wednesdays at 7:30pm. Facebook: <https://www.facebook.com/groups/262668130434380/>
- ◆ **Nidderdale YFC** - Pateley Bridge Auction Mart Rooms on Wednesdays at 7:30pm
- ◆ **Winksley cum Grantley YFC** - Grantley Village Hall on Wednesdays at 7:30pm. Facebook: <https://www.facebook.com/groups/128691080519529/>
- ◆ **Farnley Estate YFC** - Leathley Parish Rooms on Wednesdays at 7:30pm. Facebook: <https://www.facebook.com/groups/283033311117/>



Welcome to the
Click Clever Click Safe campaign, brought to
you by the UK Council for Child Internet Safety.

Internet safety advice for
YOUNG PEOPLE



ZIP IT

Keep your personal
stuff private and think
about what you say
and do online



BLOCK IT

Block people who send
nasty messages and
don't open unknown
links and attachments



FLAG IT

Flag up with someone
you trust if anything
upsets you or if
someone asks to
meet you online.

The internet is a great way to see more, learn
more and have lots of fun.
To help you enjoy it safely, you should follow the
Click Clever, Click Safe Code.



www.northyorkshire.police.uk/crimeprevention

Here to support voluntary youth clubs and projects...



North Yorkshire Youth (NYY) offer support and advice to set up, develop and sustain community youth clubs and projects across North Yorkshire. If you are interested in making a difference in your community and working with local young people then we'd love to hear from you.

For more information please contact:

Ellie Culhane
Youth Development Worker
Harrogate District
ellie@nyy.org.uk

Scouts and Explorers

For more information call: 01845 523 858 - Email: office@nys.org.uk
Website: www.nys.org.uk.

Seacadets

- ◆ Harrogate Sea Cadets - Website: www.harrogateseacadets.org or email: harrogateseacadets@gmail.com

Squash

- ◆ Harrogate Squash and Fitness Centre - Hookstone Wood Raod, Harrogate, HG2 8PN. Email: info@harrogatesfc.co.uk. Website: www.harrogatesfc.co.uk/contact-us

St John Ambulance

- ◆ For information on local centres and youth programs for 7 to 25 year olds visit the website: <http://www.sja.org.uk/sja/young-people.aspx>

Swimming

- ◆ Harrogate District Swimming Club - The Hydro, Jenny Field Drive, Harrogate, HG1 2RP. Telephone: 01423 556767. Website: www.swimharrogate.org
- ◆ Knaresborough Swimming Pool - King James Road, Knaresborough, HG5 8EB. Telephone: 01423 860011
- ◆ Nidderdale Swimming Pool - Low Wath Road, Pateley bridge, HG3 5HL. Telephone: 01423 711442
- ◆ Spa baths Ripon - Park Street, Ripon, HG4 2BD. Telephone: 01765 603383
- ◆ Spa baths Starbeck - Spa lane, Harrogate, HG2 7JF. Telephone: 01423 883155

Tennis/Padel

- ◆ Starbeck Tennis Club - Website: <https://clubspark.lta.org.uk/StarbeckTennisClub>
- ◆ Boroughbridge Tennis Club - Website: www.boroughbridgetennisclub.co.uk
- ◆ Harlow Tennis Club - Plantation Road, Harrogate, HG2 0DB. Email: harlowtcyorks@gmail.com. Website: www.harlowtennisclub.org.uk
- ◆ Knaresborough King James Tennis Club - www.knaresboroughtennis.org.uk
- ◆ Harrogate Spa Tennis - Both tennis and padel, junior sessions available. info@spatennis.org.uk Telephone 01423 586300

Theatre/Drama

- ◆ Hightimers Amateur Theatrical Society - Coronation Hall, Boroughbridge. Email: chairman@thehigh timers.org.uk. Website: www.thehigh timers.org.uk
- ◆ Red Triangle Drama Group - Ages 11 years +. Acting, script writing, dancing, set, prop and costume design. Wednesdays 7 - 9pm. YMCA, Ripon. Telephone: 01765 607609.
- ◆ ACTAcademy - (see Dance) St John's House, John Street, Harrogate, HG1 1JZ. Telephone: 0845 680 2282 or email: info@actacademy.co.uk. Website: www.actacademy.co.uk
- ◆ Ripon Stage Academy - (see Dance) Allhallowgate Methodist Church. HG4 1LG.

HARROGATE YOUTH COUNCIL NEEDS YOU



CLEANER ENVIRONMENT?

CLOSER COMMUNITIES?

BETTER SERVICES FOR DISABLED YOUNG PEOPLE?

EVENTS HOSTED BY YOUNG PEOPLE?

TO MAKE HARROGATE A BETTER PLACE FOR YOUNG PEOPLE

BE PART OF A DIVERSE GROUP OF YOUNG PEOPLE WHO WANT TO MAKE A CHANGE IN THEIR LOCAL AREA. BE PASSIONATE ABOUT POLITICS AND HAVE YOUR VOICE HEARD!



JOIN NOW BY EMAILING
CHLOE.THWAITES@NORTHYORKS.GOV.UK

Golf

- ◆ **Harrogate Golf Club** - Forest Lane Head, Harrogate. HG2 7TF.
Website: <http://harrogate-gc.co.uk/>
- ◆ **Oakdale Golf Club** - Oakdale Glen, Harrogate. HG1 2LN.
Website: <http://www.oakdalegolfclub.co.uk/>
- ◆ **Knaresborough Golf Club** - Boroughbridge Road, Knaresborough, HG5 0QQ.
Website: www.knaresboroughgolfclub.co.uk
- ◆ **Masham Golf Club** - Burnholme, Swinton Road, Masham, Ripon, HG4 4NS.
Website: www.mashamgolfclub.co.uk/visitors
- ◆ **Ripon City Golf Club** - Palace Road, Ripon, HG4 3HH.
Website: www.riponcitygolfclub.com
- ◆ **Pannal Golf Club** - Follifoot Road, Pannal, Harrogate, HG3 1ES.
Website: www.pannalgc.co.uk
- ◆ **Spofforth Golf Club** - Hags Road, Spofforth, HG3 1EQ. Telephone: 01423 872543
Website: <http://spofforthgolf.co.uk/>
- ◆ **Rudding Park Golf Club** - Follifoot, Harrogate, HG3 1JH.
Website: www.ruddingpark.co.uk/golf

Gymnastics

- ◆ **Harrogate Gymnastics Club** - Gymnastics and dance classes. Unit 7, The Zone, Hornbeam Park, Harrogate. HG2 8QT. Website: www.harrogategymnastics.co.uk
- ◆ **Ripon Gymnastics Academy** - Website: ripongymnasticsacademy.strikingly.com.
Facebook: www.facebook.com/RiponGymnasticsAcademy

Hockey

- ◆ **Harrogate Hockey Club** - Granby Hockey Centre, Ainsty Road, Harrogate, HG1 4AP. Email: juniors@harrogatehockey.co.uk. Website: www.harrogatehockey.co.uk

Horse Riding

- ◆ **Follifoot Park Riding Centre** - Pannal Road, Follifoot, Harrogate. HG3 1DL.
Website: www.horseridingcentre.co.uk. Telephone: 01423 870372.
- ◆ **Bewerley Riding Centre** - Bewerley Old Hall Cottage, Pateley Bridge, HG3 5JA.
Website: www.bewerleyridingcentre.co.uk
- ◆ **Harrogate Riding Centre** - Spring House Farm, Brackenthwaite Lane, Burn Bridge, Harrogate, HG3 1PW. Email: information@springhousegroup.com Website: www.harrogateridingcentre.co.uk
- ◆ **Yorkshire Riding Centre** - Markington, Harrogate, HG3 3PE.
Email: info@yrc.co.uk. Website: yrc.co.uk.

Leisure Centres

- ◆ **Ripon** - Dallamires Lane, Ripon, HG4 1TT. Telephone: 01765 601353
- ◆ **The Hydro** - Jenny Field Drive, Harrogate, HG1 2RP. Telephone: 01423 556768
- ◆ **Knaresborough Leisure Centre** - King James Road, Knaresborough, HG5 8EB.
- ◆ **Nidderdale** - Low Wath Road, Pateley bridge, HG3 5HL. Telephone: 01423 711442

Martial Arts

- ◆ **JS Karate Club** - Classes in Harrogate, Ripon, Thirsk, Northallerton and Bedale.
Email: jskarateacademy@gmail.com
- ◆ **Premier Martial Arts Harrogate** - juniors martial arts. Unit 32, Claro Court Business Centre, Calro Road. Telephone 07761600646
- ◆ **The Karate Dojo Ripon** - Karate classes for ages 4+ Queen Street, Ripon. Telephone 07972 227772
- ◆ **KTA Taekwondo** - 12A Queen Parade, HG1 5PP.
Website: www.harrogatetaekwondo.co.uk or
email kta.harrogate@yahoo.co.uk
- ◆ **Martial Arts For Life** - Harrogate Squash and Fitness Centre, Hookstone Wood Road, Harrogate, HG2 8PN. Website: Martialartsforlife.co.uk.
Email: enquiries@martialartsforlife.co.uk

Cycling/Triathlon

- ◆ **Harrogate Nova** - Website: www.harrogatenova.cc.
Email: membership@harrogatenova.cc
- ◆ **NYP Tristars** - for ages 8-1yrs. Ripon, Website: <http://www.nypristars.co.uk>
- ◆ **Harrogate Triathlon Club** - Juniors aged 8—16. Swim sessions Monday/Thursday Running & skills session Tuesdays Website: www.harrogatetriathlonclub.co.uk

Netball

- ◆ **Harrogate and District Netball** -
Website: <http://www.netballnorthyorkshire.co.uk/harrogate-district-netball.html>
- ◆ **Harrogate Halos netball club** - Website: <http://www.harrogatehalos.co.uk/>
- ◆ **Harrogate Phoenix Netball Club** - Email: patsyruss@virginmedia.com
Website: <http://www.harrogatephoenixnetball.co.uk/>

Outdoor Activities

Ripley Castle <https://www.live-for-today.com/>

Photography

- ◆ **Harrogate Photographic Society Juniors** - The Friends hall, Homestead Road, Harrogate. HG1 5QR. Mondays 7.30pm. Website: www.harrogatephotographicsociety.co.uk
- ◆ **Knaresborough Camera Club** - Church Hall, Park Grove, Knaresborough. Wednesdays 7.45pm September to April.
Website: <http://knaresboroughcameraclub.blogspot.com/>

Rugby Union

- ◆ **Harrogate Rugby Union Football Club** -
Website: www.pitchero.com/clubs/harrogaterugby/news

Running

- ◆ **Ripon Runners** - year 5 (aged 9/10) to year 11 (aged 15/16) who already enjoy running and want to develop and compete in local and regional races.


Join our
YOUTH PRIDE
group for
North
Yorkshire

We are a group of LGBTQ+IA and Allies” who either live, work, study, or are linked in some other way to North Yorkshire between 13-25 years old.

We aim to support each other, gain advice and spread awareness of LGBTQ+ issues through campaigning.

We meet online on Microsoft Teams every 2nd and 4th Wednesday of the month 5-6pm.

for more info contact:
chloe.thwaites@northyorks.gov.uk



North Yorkshire
County Council