

# Useful Information...



## **Apprenticeships**

- ◆ [www.apprenticeships.gov.uk](http://www.apprenticeships.gov.uk)

## **Jobs**

- ◆ [www.gov.uk/jobsearch](http://www.gov.uk/jobsearch)
- ◆ [www.indeed.co.uk](http://www.indeed.co.uk)

## **Drugs, Advice and Guidance**

- ◆ FRANK - Call: 03001 236 600 or text: 82111 Website: [www.talktofrank.com](http://www.talktofrank.com)

## **Childline**

- ◆ Call: 0800 1111 - [www.childline.org.uk](http://www.childline.org.uk)

## **Counselling**

- ◆ Northern Lights Counselling - [www.northernlightscounselling.co.uk](http://www.northernlightscounselling.co.uk) Tel: 01723 364685

## **Fearless / Crime Stoppers**

- ◆ Report crime anonymously - [www.fearless.org](http://www.fearless.org)

## **NSPCC**

- ◆ Call: 08088 005 000 [www.nspcc.org.uk](http://www.nspcc.org.uk)

## **IDAS**

- ◆ Independent Domestic Abuse Service Helpline: 03000110110 [www.idas.org.uk](http://www.idas.org.uk)  
IDAS Rape Support Line: 0300 111 0777

## **Housing**

- ◆ Ryedale Housing Association - Ryedale House, Old Malton Rd, Malton YO17 7HH
- ◆ SASH - Help for 16-25YRs who find themselves homeless, [www.sash-uk.org.uk](http://www.sash-uk.org.uk)
- ◆ Stonham Home Stay - Scarborough & Ryedale homeless prevention service, [www.stonhamhomestay.org.uk](http://www.stonhamhomestay.org.uk)

## **Libraries** ([www.northyorks.gov.uk/article/23969/Local-libraries](http://www.northyorks.gov.uk/article/23969/Local-libraries))

- ◆ Kirkbymoorside
- ◆ Malton
- ◆ Helmsley
- ◆ Pickering
- ◆ Norton Hive

## ◆ **Mental Health**

**Scarborough, Whitby and Ryedale Mind** - Signposting, counselling & services to support mental ill health in Scarborough, Whitby and Ryedale Tel: 01723 339838 [www.swrmind.org.uk](http://www.swrmind.org.uk)

## **Music projects**

- ◆ North Yorkshire Music Action Zone [www.nymaz.org.uk](http://www.nymaz.org.uk)

## **Sports**

- ◆ North Yorkshire Sport - sports groups directory - [www.northyorkshiresport.co.uk](http://www.northyorkshiresport.co.uk)

## **Outdoor Centres**

- ◆ Carlton Lodge Activity Centre - Carlton Miniott, Thirsk, YO7 4NJ Tel: 01845 522 145, [www.carltonlodge.org.uk](http://www.carltonlodge.org.uk)

## **Sexual Health**

- ◆ Barnardos - Prouder Communities - [www.barnardos.org.uk/what-we-do/supporting-young-people/LGBTQ](http://www.barnardos.org.uk/what-we-do/supporting-young-people/LGBTQ)
- ◆ Human Kind- Free, confidential support for alcohol, drugs, housing or mental health [www.humankindcharity.org.uk](http://www.humankindcharity.org.uk)
- ◆ YorSexualHealth - Confidential sexual health service. [www.yorsexualhealth.org.uk](http://www.yorsexualhealth.org.uk)

## **Young Carers**

- ◆ Carers Plus Yorkshire - Supporting unpaid family carers. [www.carersplus.net](http://www.carersplus.net)

*This booklet has been produced by:*

North Yorkshire Youth  
Carlton Lodge Activity Centre  
Carlton Miniott  
Thirsk  
YO7 4NJ  
Tel: 01845 522 145



# Clubs and Projects in the Ryedale District for Young People

Jan 2024

Helmsley-Pickering-Malton-Norton-Kirby - Surrounding Villages



Over 100 Clubs and Projects inside

Please note that age limits vary and there may be costs to take part in activities publicised. All information provided in this leaflet is secondary research and may not be completely accurate. For any updates please email [ian@nyy.org.uk](mailto:ian@nyy.org.uk)

**By becoming a Volunteer you could...**

- ◆ **Help others and change lives for the better**
- ◆ **Help a cause close to your heart**
- ◆ **Do something positive in your spare time**
- ◆ **Meet new people and make new friends**
- ◆ **Make your community a better place**
- ◆ **Learn new skills**
- ◆ **Share your skills with others**
- ◆ **Put what you are doing on your personal statement or CV**
- ◆ **Use your experience to get a job**
- ◆ **Give something back**
- ◆ **Receive recognition and praise, locally, nationally and internationally.**



**There are some fantastic volunteering opportunities out there for a range of ages so please get involved now!**

#### **Volunteering Websites**

- ◆ **Vinspired – [www.vinspired.com/volunteer](http://www.vinspired.com/volunteer)**
- ◆ **Community First Yorkshire – [www.communityfirstyorkshire.org.uk/volunteering](http://www.communityfirstyorkshire.org.uk/volunteering)**
- ◆ **Volunteering Matters – [www.volunteeringmatters.org.uk](http://www.volunteeringmatters.org.uk)**

#### **Please email [Ian@nyy.org.uk](mailto:Ian@nyy.org.uk) if you would like to :**

- ◆ **Provide a volunteering opportunity for a young person**
- ◆ **If you know of an adult (aged 18+) who would be interested in volunteering in a local youth project, Buddy Network or starting their own group.**

## **Voluntary Youth Clubs / Projects**

*(For more information contact North Yorkshire Youth on 01845 522 145)*

### **Pickering Youth Hub**

Tuesdays 7.00pm - 8.30pm

for ages 11 - 16

at Pickering Methodist Church Community Rooms

### **Sheriff Hutton**

Thursday—fortnightly

6:30pm - 8:00pm

for Yr6 pupils up - 19rs old  
at Sheriff Hutton Village Hall

### **Huttons Ambo Youth Group**

First Monday of the month

7:00pm - 8:30pm

for ages 7 - 18

### **Kirkbymoorside Youth Club**

Friday 6:30pm - 8.00pm

for ages 10 - 18

at The Methodist Church rooms, Kirkbymoorside



# Malton Youth Club



Music  
Support  
Arts and Crafts  
Chill Out  
Games

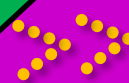
Thursday - 6pm until 8pm

Rainbow Lane Centre

Malton

Open to Year 7+

50p Entry



## A - Z of Activities



### Air Cadets

- ◆ Ryedale Squadron - Air Training Cops. Joint Cadet Centre, Langton Road, Norton, North Yorkshire, YO17 9AE -Tel 07855002620

### Angling Clubs

- ◆ Ryedale Junior Angling Club - Call Mr Crafton 01653696785- Email: rjacfishing@tiscali.net
- ◆ Malton And Norton Angling Club - Call Mr Fox 01653 600338, www.facebook.com/Maltonnortonanglingclub

### Army Cadets

- ◆ Malton- www.armycadets.com/county/yorkshire-north-and-west-acf/

### Badminton

- ◆ Pickering Badminton Club - www.pickeringbadminton.co.uk
- ◆ Slingsby Badminton Club - www.slingsbyvillage.co.uk/clubs-societies

### Canoeing

- ◆ Malton and Norton Canoeing Club - www.maltonandnortoncanoeingclub.wordpress.com/contacts

### Cricket - (www.ryedale.co.uk/ryedale/sport/cricket/cricket.html)

- ◆ Hovingham Cricket Club - www.facebook.com/HovinghamCC
- ◆ Eberston Cricket Club - eberston.play-cricket.com/Teams
- ◆ Wykham Cricket Club - www.wykehamcc.co.uk
- ◆ Kirkbymoorside Cricket Club - www.pitchero.com/clubs/kirkbymoorsidecricketclub
- ◆ Malton and Old Malton Cricket Club - www.maltonandoldmaltoncricketclub.co.uk
- ◆ Nawton Grange Cricket Club - www.nawtongrange.play-cricket.com
- ◆ Pickering Cricket Club - www.pitchero.co./clubs/pickeringcricket club
- ◆ Sheriff Hutton Bridge Cricket Club - www.sheriffhuttonbridge.play-cricket.com
- ◆ Thorton-le-Dale - www.thixendalecc.play-cricket.com/home
- ◆ Westow Cricket Club - www.westow cricketclub.co.uk
- ◆ Ryedale Cricket Development Group - www.ryedale.play-cricket.com/home
- ◆ Duncombe Park Junior Cricket Club - www.duncombepark.play-cricket.com/Teams

### Cycling & Cycle Sports

- ◆ Dalby Forest - www.forestryengland.uk/dalby-forest
  - ◆ Malton Wheelers RC - www.maltonwheelers.weebly.com
  - ◆ Northern Ride - Malton- www.northernride.com Email: ash@northernride.com
  - ◆ Newbridge Bike Park (Pickering) - www.newbridgepark.co.uk
- The Howardian Hills and the North York Moors - www.ryedale.gov.uk/discover-ryedale/walking-and-cycling/cycling/

### Dance

- ◆ Dance Expression - Malton - www.danceexpression.co.uk
- ◆ Kirkham Henry Performing Arts Centre - Malton- www.kirkhamhenry.co.uk

### **Football - ([ryedale.co.uk/sport/football.html](http://ryedale.co.uk/sport/football.html))**

- ◆ Brooklyn Junior Football Club - [www.brooklynfootballclub.co.uk](http://www.brooklynfootballclub.co.uk)
- ◆ Helmsley Junior Football Club - [www.duncombeparkfc.co.uk/sipg/1028](http://www.duncombeparkfc.co.uk/sipg/1028)
- ◆ Kirkbymoorside FC - [www.facebook.com/kirkbymoorsidefc](http://www.facebook.com/kirkbymoorsidefc)
- ◆ Old Malton FC - [www.facebook.com/OldMaltonStMarysFC/](http://www.facebook.com/OldMaltonStMarysFC/)
- ◆ Pickering Town Junior Community FC [www.pickeringtownfc.teamexpert.co.uk](http://www.pickeringtownfc.teamexpert.co.uk)
- ◆ Sheriff Hutton Football Club - [strensalltigers.co.uk/find-us/sheriff-hutton](http://strensalltigers.co.uk/find-us/sheriff-hutton)
- ◆ West Heslerton FC

### **Girl Guides (Including Brownies and Rainbows)**

(Website: [www.girlguidingnortheast.org.uk](http://www.girlguidingnortheast.org.uk))

- ◆ Helmsley
- ◆ Malton
- ◆ Norton
- ◆ Rillington
- ◆ Sherburn

### **Golf**

- ◆ Ampleforth Golf Club - [www.ampleforth.co.uk](http://www.ampleforth.co.uk)
- ◆ Ganton Golf Club - [www.gantongolfclub.com](http://www.gantongolfclub.com)
- ◆ Kirkbymoorside - [www.kirkbymoorsidegolf.co.uk](http://www.kirkbymoorsidegolf.co.uk)
- ◆ Malton and Norton Golf Club - [www.maltonandnortongolfclub.co.uk](http://www.maltonandnortongolfclub.co.uk)
- ◆ Sandburn Hall Golf Club - [www.sandburnhall.co.uk](http://www.sandburnhall.co.uk)

### **Gymnastics**

- ◆ Dance Expression - Malton - [www.danceexpression.co.uk](http://www.danceexpression.co.uk)

### **Horse Riding**

- ◆ Friars Hill Riding Stables Sinnington - Tel: 01752 432758
- ◆ Helmsley Riding School- Helmsley, York, YO62 5AT Tel: 01439 770355

### **Leisure, Sports and Fitness Centres**

- ◆ Malton Community Fitness Centre - [www.maltonsport.org](http://www.maltonsport.org)
- ◆ Pickering Leisure Centre - [www.everyoneactive.com/centre/ryedale-sport-centre](http://www.everyoneactive.com/centre/ryedale-sport-centre)
- ◆ Ryedale Swim and Fitness Centre - Pickering—[www.everyoneactive.com](http://www.everyoneactive.com)
- ◆ St Albans Sports Centre - Ampleforth - [www.sac.ampleforth.org.uk](http://www.sac.ampleforth.org.uk)

### **Martial Arts**

- ◆ Budo-Kan-Karate-Do - [www.budo-kan-karate-do.co.uk](http://www.budo-kan-karate-do.co.uk)
- ◆ United Martial Arts - Malton - [www.united-martialarts.co.uk](http://www.united-martialarts.co.uk)
- ◆ Dojo & Self Defence - Malton— [www.dojo.co.uk/malton](http://www.dojo.co.uk/malton)



Empowering young people to be fearless against crime

# fearless .org

## What is Fearless?

? Fearless is the youth service from the independent charity Crimestoppers. Aimed at young people, our website provides non-judgemental information and advice about crime.



## Give information

Young people can give information about crime 100% anonymously via a secure online form on the website. It empowers them to take a safe stand against crime.

## Work with young people?



Teacher, youth worker, school nurse, parent? Fearless can provide you with FREE resources on a wide range of crime types via the 'not a young person' section of the website.

Connect with Fearless



YouTube

### Music Clubs

- ◆ Ryedale School of Music - [www.ryedlae-musiclessons.co.uk](http://www.ryedlae-musiclessons.co.uk)

### Netball

- ◆ Pickering Netball Club - [bgrady@ladylumleys.freeserve.co.uk](mailto:bgrady@ladylumleys.freeserve.co.uk)

### Outdoor Clubs

- ◆ Peat Rigg Outdoor Training Centre - [www.peatrigg.org](http://www.peatrigg.org)

### Rugby

- ◆ Malton and Norton RUFC - [www.pitchero.com/clubs/maltonandnorton/](http://www.pitchero.com/clubs/maltonandnorton/)

Scouts and Explorers (To find your local scout group **North Yorkshire Scouts** - [www.nys.org.uk](http://www.nys.org.uk) Tel:01845 523858 Email: [office@nys.org.uk](mailto:office@nys.org.uk)

- ◆ Helmsley
- ◆ Kirkbymoorside
- ◆ Malton
- ◆ Norton
- ◆ Pickering
- ◆ Rillington

### Swimming Pools

- ◆ Norton - 01653 693407
- ◆ Pickering- 01751 473351
- ◆ Helmsley - 01439 408010
- ◆ Ampleforth - 01439 766740

### Tennis

- ◆ Helmsley Tennis Club - [www.facebook.com/helmsleytennis/](http://www.facebook.com/helmsleytennis/)
- ◆ Kirkbymoorside Tennis Club - [www.clubspark.lta.org.uk/KirkbymoorsideTennisClub](http://www.clubspark.lta.org.uk/KirkbymoorsideTennisClub)
- ◆ Ryedale Tennis Club - [www.ryedalesportsclub.org.uk/tennis/](http://www.ryedalesportsclub.org.uk/tennis/)
- ◆ Sheriff Hutton Tennis Club - [www.sheriffhutton.co.uk/sports-club](http://www.sheriffhutton.co.uk/sports-club)
- ◆ Malton Tennis Club - [www.clubspark.lta.org.uk/MaltonLawnTennisClub/](http://www.clubspark.lta.org.uk/MaltonLawnTennisClub/)

### Theatre / Performing Arts

- ◆ Malton Stage Coach - [www.stagecoach.co.uk/malton](http://www.stagecoach.co.uk/malton)
- ◆ Kirkham Henry Performing Arts Centre - Malton- [www.kirkhamhenry.co.uk](http://www.kirkhamhenry.co.uk)
- ◆ Ryedale Youth Theatre - [www.ryedaleyouththeatre.co.uk](http://www.ryedaleyouththeatre.co.uk)
- ◆ FUSE Theatre - A youth theatre group providing opportunities for disabled and non-disabled young people to work together on workshops and performances- [www.ruralarts.org/about-us/news/2020/10/fuse-re-launched-across-north-yorkshire/](http://www.ruralarts.org/about-us/news/2020/10/fuse-re-launched-across-north-yorkshire/)

Here to support  
voluntary youth  
clubs and projects...



North Yorkshire Youth (NY) offer support and advice to set up, develop and sustain community youth clubs and projects across North Yorkshire. If you are interested in making a difference in your community and working with local young people then we'd love to hear from you.

For more information please contact:  
Charlotte Keable  
Youth Development Worker  
Selby District  
[charlotte@nyy.org.uk](mailto:charlotte@nyy.org.uk)  
07825 659 425



**RYEDALE YOUTH THEATRE**



JOIN US ON FACEBOOK



FOLLOW US ON TWITTER



**Join your local youth voice group**

up to age 18 (25 for SEND)

**Young Inspectors**  
Have you ever used a service for young people and thought it could be better? Help us by joining the NYCC Young Inspectors programme!

**Flying High**  
Do you struggle to access services? Want to connect with other young people with SEND? Make a positive change and join our SEND group!

**Youth Executive**  
Want to take a deeper role in advocating the issues and needs of young people in your local area? Be part of the NYCC Youth Executive!

**Local Youth Council**  
Are you seeing issues in your local area? Want to make an impact on your community's services? Influence it by joining your Youth Council group!

**Interested? Contact:**  
[vip@northyorks.gov.uk](mailto:vip@northyorks.gov.uk)  
07973 762 347

[@northyorkshireyouthvoice](https://www.facebook.com/northyorkshireyouthvoice)