

Useful Information...



Apprenticeships

- ◆ www.apprenticeships.gov.uk

Jobs

- ◆ www.gov.uk/jobsearch
- ◆ www.indeed.co.uk

16 - 19 and not in Education,

Employment or Training?

(NYCC Children and families support workers)

- ◆ Selby Tel: 01609 532343

FRANK (Support with Drugs)

- ◆ Tel: 03001 236 600 or text: 82111
- Website: www.talktofrank.com

Childline

- ◆ Tel: 0800 1111 - www.childline.org.uk

NSPCC

- ◆ Tel: 08088 005 000 Email: help@nspcc.org.uk Website: www.nspcc.org.uk

IDAS (Independent Domestic Abuse Service)

- ◆ www.idas.org.uk
- ◆ Domestic Abuse Helpline: 03000 110 110
- ◆ Rape Support Line: 0300 111 0777

Sexual Health

- ◆ [Yorsexualhealth](http://www.yorsexualhealth.org.uk) - www.yorsexualhealth.org.uk

Housing

- ◆ www.selby.gov.uk

Are you a Young Carer?

- ◆ For information and advice Tel: 01423 799135 or email- neyc@actionforchildren.org.uk

Libraries (www.northyorks.gov.uk/article/23969/Local-libraries)

- ◆ Selby
- ◆ Barlby
- ◆ Sherburn
- ◆ Tadcaster

Sports and Leisure

- ◆ For general Information and guidance contact Selby Leisure Centre on 01757 213758 or Email- leisureenquiries@wlct.org

North Yorkshire Music Action Zone

- ◆ Make Music Happen - www.nymaz.org.uk

North Yorkshire Sport

- ◆ www.northyorkshiresport.co.uk

Fearless

- ◆ A way to report crime anonymously - www.fearless.org

Clubs and Projects in Selby District for Young People

Jan 2024

Selby - Brayton - Sherburn - Tadcaster - Escrick - Surrounding Villages



139 Clubs and Projects inside

Please note that age limits vary and there may be costs to take part in activities publicised. All information provided in this leaflet is secondary research and may not be completely accurate.

This booklet has been produced by:

North Yorkshire Youth
Carlton Lodge
Carlton Miniott
Thirsk
YO7 4NJ
Tel: 01845 522 145
e-mail: info@nyy.org.uk



A - Z of Activities



Archery

- ◆ **Selby Archery Club** - Runs on the grounds of Selby R.U.F.C. (Sandhill Lane)- for 8+ years olds-www.selbyarchers.org.uk– Email– Len.Dunn@talktalk.net Call: Len 01405 860142

Army Cadets

- ◆ **Selby Army Cadets** - Runs every Monday and Wednesday at Cadet Centre, (Armoury Road) 7:30pm-9:30pm for 12-18 year olds www.armycadets.com

Badminton

- ◆ **Selby Jubilee Badminton Club** - Runs every Thursday at Brayton High School (Sports Hall) – 7:30pm-10:00pm www.selbyjubilee.net Email: info@selbyjubilee.net Call: Tim- 07846257394
- ◆ **Tadcaster 86 Badminton Club** - Runs every Thursday at Tadcaster Leisure Centre-8:00pm-10:00pm-www.tadcaster86badminton.co.uk Email: info@tadcaster86badminton.co.uk Call: Andrew 07775585650

Boxing

- ◆ **Selby Boxing Academy** - Runs every Tuesday, Thursday and Saturday at The Autoland Building (Canal Road) - 5:30pm-6:30pm for 5-16 year olds –6:30pm-7:30pm for 14+ year olds - Saturdays 9:30am-11:30am (No under 10's on a Saturday) Call: Mickey 07790867797

Cheerleading

- ◆ **Abbey Warrior Cheerleaders** - Runs every Saturday at Brayton Community Centre for 7+ year olds.

Choirs

- ◆ **The Abbey Belles Chorus** - Runs every Tuesday at Standerling Hall (entrance via Audus Street) - 7:30pm-10:00pm for 14+ year olds - www.abbeybelles.co.uk Email- nathaliep2010@gmail.com - Call: Nathalie 01757 213901
- ◆ **Hemingbirds-Ladies Only Choir** - Runs every Tuesday at The Crown Inn Hemingbrough- 7:30pm-9:30pm for 16+ year olds– Email-hemingbirds@gmail.com

Cricket

- ◆ **Bolton Percy Cricket Club** -www.boltonpercy.play-cricket.com Call: Michael 01904 744693
- ◆ **Burn Cricket Club** - Call: Richard 01302 707040
- ◆ **Burton Salmon Cricket Club** - www.burtonsalmon.play-cricket.com Call: John 01977 684444
- ◆ **Carlton Towers Cricket Club** - www.carlotontowers.play-cricket.com Call: Stephen 01405 862121
- ◆ **Cawood Cricket Club** - Call: Alison 01757 269317
- ◆ **Church Fenton Cricket Club** - Call: Beryl 01937 557414



CLICK CLEVER CLICK SAFE

Welcome to the Click Clever Click Safe campaign, brought to you by the UK Council for Child Internet Safety.

Internet safety advice for
YOUNG PEOPLE



ZIP IT

Keep your personal stuff private and think about what you say and do online



BLOCK IT

Block people who send nasty messages and don't open unknown links and attachments



FLAG IT

Flag up with someone you trust if anything upsets you or if someone asks to meet you online.

The internet is a great way to see more, learn more and have lots of fun.
To help you enjoy it safely, you should follow the Click Clever, Click Safe Code.



Youth Clubs/Projects



Voluntary Youth Clubs/Projects

- ◆ **Barlby and Osgodby Youth Club** - Runs every Wednesday at Osgodby Institute - 6:00pm-7:15pm for 8-11 year olds (Primary) and 7:30pm-9:00pm for 11-16 year olds (Secondary) Email: bee-able@hotmail.com
- ◆ **Carlton Youth Club** - Tuesday at Carlton Village Hall. 6-7pm and 7.15-8.15pm. For more details visit Carlton Youth Club's Facebook page.

North Yorkshire Youth (www.nyy.org.uk)

- ◆ **Sherburn Youth Club** - 7:00pm-9:00pm for years 7 & 8 Email: panda@nyy.org.uk Tel: Charlotte 07825659425

North Yorkshire County Council - Youth Provision

- ◆ **Selby South Youth Club** - Runs every Thursday at The Church on the crossroads (Salvation Army Hall-Barwick Parade) 5:45pm- 7:15pm for 11-13 year olds, Email: selbynorthcc@northyorks.gov.uk
- ◆ **Sherburn Seniors Youth Club** - Runs every Wednesday- 7:00pm-8:30pm for 14-19 year olds Tel: 01609 534720

We're still here

Children and young people can access free, online mental health support 365 days a year

Chat with a professional counsellor

Read self-help articles

Join peer-to-peer forums

Get in the mix!

nymaz
make music happen

14 – 25 years old and love music?
Become a NYMAZ Music Ambassador
and make more music happen for young people in North Yorkshire

National Foundation for Youth Music
ARTS COUNCIL ENGLAND

The Go-To

For healthy minds in North Yorkshire

The Go-To website is the home of wellbeing and mental health for young people in North Yorkshire.

We're here to signpost young people, parents, carers and professionals to the right help and support.

Visit www.thegoto.org.uk

NHS
North Yorkshire
Clinical Commissioning Group

By becoming a volunteer you could...

- ◆ Help others and change lives for the better
- ◆ Help a cause close to your heart
- ◆ Do something positive in your spare time
- ◆ Meet new people and make new friends
- ◆ Make your community a better place
- ◆ Learn new skills
- ◆ Share your skills with others
- ◆ Put what you are doing on your personal statement or CV
- ◆ Get free training
- ◆ Use your experience to get a job
- ◆ Give something back
- ◆ Receive recognition and praise, locally, nationally and internationally



There are some fantastic volunteering opportunities out there for a range of ages so please get involved now!

Useful Links:

- ◆ **Vinspired**-www.vinspired.com/volunteer
 - ◆ **Do It**-www.do-it.org
 - ◆ **Selby District Volunteer Centre**-
www.selbydistrictavs.org.uk

St John's Ambulance

- ◆ **Selby St Johns Ambulance** – for 7+ year olds
Email: north-east-volunteering@sja.org.uk, Tel: 01924268672
- ◆ **Sherburn St Johns Ambulance** - for 7+ year olds
Email: north-east-volunteering@sja.org.uk Tel: 01924268672

Swimming

- ◆ **Selby Tiger Sharks Swimming Club** - www.selbytigersharks.org
Email: stevehorn@sky.com
- ◆ **Tadcaster Swim Squad** - www.tadcasterpool.org.uk-Email: info@tadcasterpool.org.uk
- ◆ **Selby Leisure Centre** - www.wlct.org

Tennis

- ◆ **Cawood Tennis Club** - Tel: 01757 268416
- ◆ **Escrick Tennis Club** - Email: keithfbrown@hotmail.co.uk or jill@smowton.net
- ◆ **Riccall Tennis Club**- www.riccalltennisclub.co.uk
- ◆ **Selby Tennis Club** - www.selbytennisclub.com
- ◆ **Sherburn Tennis Club** - Tel: 01977 683639 or 01977 672630
- ◆ **Wistow Tennis Club** - www.wistowtennis.co.uk
- ◆ **Appleton Roebuck** - Email: quentin.howat@gmail.com

Theatre/Drama

- ◆ **Jorvik Academy of Performing Arts**- Runs Mondays at Jorvik Theatre & Arts Centre, Ousegate, Selby for 7+ years old- 4:30pm-9:00pm (Timings dependant on Age) Email: jorvikacademy@yahoo.co.uk

Triathlon

- ◆ **Yorkshire Vikings Triathlon Team** - Runs 5 days a week for 7+ year olds (must be able to swim 100m) Email: sport@yorkshirevikings.org

Walking

- ◆ **Selby Walking Club** - Call: Ruth 01757 630446

Young Farmers

- ◆ **Selby Young Farmers** - Runs every Thursday (usually) at Scalm Park Golf Club (Wistow) for 10-26 year olds Call: Georgina Saxon 07810780865



CARLTON VILLAGE

YOUTH CLUB



FREE OPEN EVENING

TUESDAY 23RD JANUARY

Then the last two Tuesdays of the month
£1 per session per child

PRIMARY SCHOOL AGES 8 TO 11 – 6 – 7PM
HIGH SCHOOL AGES 11 TO 16 – 7.15 – 8.15 PM

CARLTON VILLAGE HALL
DN14 9PB

 **CARLTON YOUTH CLUB**

- ◆ **Fairburn Cricket Club** - www.fairburncc.org.uk Call: Andrew 01977 517947
- ◆ **Hemingbrough Cricket Club** - www.hemingborough.play-cricket.com
Call: Dave 01757 288570
- ◆ **Hensall Cricket Club** - Tel: David 01405 869106
- ◆ **Hillam and Monk Fryston Cricket Club** - www.hillamandmonkfrystoncc.co.uk
Tel: 01977685227
- ◆ **Saxton Cricket Club** - www.saxtoncc.co.uk-Email: contactus@saxtoncc.co.uk
Call: John 01937 557239
- ◆ **Selby Cricket Club** - www.selbycc.co.uk-Email-michael.pearce48@hotmail.co.uk
Call: Michael 01757 228747
- ◆ **Sherburn Eversley Cricket Club** - www.secc.play-cricket.com Tel: 01977 682886
- ◆ **South Milford Cricket Club** - www.southmilford.eclipse.co.uk
Email: bob@middleton34.freeserve.co.uk Call: Bob 01132 863066
- ◆ **Tadcaster Magnet Cricket Club** - www.tadcastermagnet.play-cricket.com
Call: Peter 01937 836156
- ◆ **Whitley Bridge Cricket Club** - Tel: 01977 661648
- ◆ **Wistow Cricket Club** - Tel: 01757 268607

Cycling

- ◆ **Selby Cycling Club** -www.selbycycling.co.uk Email: p.nicholson35@btinternet.com
- ◆ **Monk Fryston Cycling Club** - www.monkfryston.cc

Dance

- ◆ **Chelles Dance Academy** - All Dance Styles– Classes offered in Selby, Riccall, Kelfield, Hemingbrough Tel: 07952912318
- ◆ **Miss Hannahs School of Dance** - Musical Theatre, Tap, Ballet, Disco, Ball Room and Latin Runs Monday-Saturdays Classes offered in Chapel Haddlesey, Carlton, Snaith, Monk Fryston and Selby for Ages 4+ year olds (Timings may differ dependant on age) - www.misshannahs.co.uk Email: hannahhowcroft@hotmail.co.uk Tel: 07707929393

Diving (Scuba)

- ◆ **Selby Sub Aqua Club** -Runs every Tuesday at Selby Railway Club- 8:30pm for 14+ year olds- www.selbyscuba.co.uk Email: selbysubaquaclub@gmail.com Tel: 07828691911

Football

- ◆ **Barlby Raiders**- for ages 8+ www.barlbyraiders.co.uk Email:info@barlbyraiders.co.uk
- ◆ **Brayton Belles WFC** -for ages under 10's + -www.braytonbelles.co.uk
- ◆ **Brayton FC Juniors**– www.pitchero.com/clubs/braytonfc Email: braytonfc32@aol.com or stephencurry@talktalk.net
- ◆ **Camblesforth Colts Junior FC** - Tel: Tracey 01405 860739 or Adrian 01405 869545
- ◆ **Cawood Football Club** - www.pitchero.com/clubs/cawoodfc/
- ◆ **Cliffe Football Club** - www.cliffefc.com
- ◆ **Drax Sports and Social Football Club** - www.draxfc.synthasite.com or www.draxfc.co.uk
- ◆ **Hambleton FC** - Email: Graeme-parker@sky.com

- ◆ **Hambleton Lions FC**- www.hambletonlions.co.uk
- ◆ **Hemingbrough United**-www.hemingbroughunited.t83.net
Email: hemingbroughunited@live.com
- ◆ **Hensall & Kellington FC**-www.pitchero.com/clubc/hensallandkellingtonathletic
Email: andy@googlemail.com
- ◆ **Hounds FC** - www.houndsfc.com
- ◆ **Monk Fryston united FC** - www.clubwebsite.co.uk/monkfrystonunited
- ◆ **Phoenix FC** - www.phoenixsportsclub.org
- ◆ **Riccall United Football Club** - for 7+ year olds—www.riccallunited.com-Email-
liambradley@riccallunited.com Call: Liam 07738370244
- ◆ **Selby Olympia** - Call: Mr Lindsay Adamson 01757 706768
- ◆ **Selby RSSC Football Club** -www.clubwebsite.co.uk/selbyrssc
- ◆ **Selby Town FC**-www.pitchero.com/clubs/selbytown Email: toonarkley@yahoo.co.uk
- ◆ **Sherburn White Rose Junior FC** - Call: Gary 01977 682109
- ◆ **South Milford Juniors FC** - Email: smjfc@dsl.pipex.co.uk
- ◆ **Tadcaster Albion FC** - www.tadalbion.com
- ◆ **Tadcaster Magnets** - www.pitchero.com/clubs/tadcastermagnetsfc/
Email: rich.leedsfan@ntlworld.com
- ◆ **Unicorn FC** - Email: joanne.hopwood@yahoo.co.uk
- ◆ **Whitley Wolves Junior FC (Girls & Boys)** - www.whitleywolves.co.uk

Gliding

- ◆ **Burn Gliding Club** - www.burnglidingclub.co.uk Email: burngc@gmail.com

Girl Guiding

(Website: girlguidingnortheast.org.uk)-Guiding Present in the following villages-

- ◆ **Barlby**
- ◆ **Barwick Parade**
- ◆ **Brayton**
- ◆ **Cawood**
- ◆ **Hambleton**
- ◆ **Hemingbrough**
- ◆ **Kellington**
- ◆ **Monk Fryston**
- ◆ **Riccall**
- ◆ **Selby**
- ◆ **Sherburn**
- ◆ **Skipwith**
- ◆ **Thorpe Wiloughby**
- ◆ **Monk Fryston**
- ◆ **Wistow**



6.30pm to 8.30pm

at

The Barn Youth Centre,

St Josephs Street,

Tadcaster, LS24 9HA

Spectrum Youth Group is aimed at young people aged 14 - 25 who have additional needs. These can be categorised as physical / emotional / learning disabilities, people on the Autistic spectrum or simply young people who need a more supportive and inclusive social group.

Spectrum aims to help to fill the gap in opportunities for young people with disabilities to develop friendships and reduce social isolation that many experience.

Spectrum will be open to all young people who have a need.

If you know anyone who you think would benefit from this new venture and would like more details please email us at:

abda@nyy.org.uk

Music Clubs

- ◆ **The Ukes of Hazzard (Ukulele Group)** - Runs every Wednesday 7:00pm-8:00pm & Friday 6:30pm-7:00pm www.themusicroomsselby.co.uk
Email: info@themusicroomsselby.co.uk
- ◆ **Beginner Guitar Groups** - Runs every Tuesday and Thursday 4:00pm
www.themusicroomsselby.co.uk Email: info@themusicroomsselby.co.uk

Netball

- ◆ **Church Fenton Flyers** - Runs every Sunday at MUGA in Sherburn 7:30pm-9:00pm-
Email: ocelynpatel@me.com
- ◆ **Hemingbrough Hawks** - www.pitchero.com/clubs/hemingbroughhawksnetballclub/
Email: info@hemingbroughhawks.co.uk
- ◆ **Sherburn Netball Club** - Runs every Monday 7:30pm-9:00pm for 14+ year olds at The Fairway MUGA Email: bevthathaway@hotmail.com

Rugby League

- ◆ **Brotherton Bulldogs** - Email- brothertonbulldogs@gmail.com
- ◆ **Selby Warriors**- for 12+ year olds- www.pitchero.com/clubs/selbywarriors
Email: d-sowden@sky.com or c.hazell@raptoruk.co.uk
- ◆ **Sherburn Bears ARLFC** - Tel: 1977 680407 or 07979 542860

Rugby Union

- ◆ **Selby Rugby Union Football Club** - (Training and matches vary days and times dependant on age) Email-rugbydev.selbyrufc@btinternet.com Call: Richard-01757 703608 or 07712574113

Running

- ◆ **Selby Striders Running Club** -runs every Tuesday and Thursday from Selby RUFC (Sandhill Lane) at 6:30pm www.selbystriders.org.uk
- ◆ **Tadcaster Harriers Running Club** - Runs every Tuesday from Tadcaster Leisure centre at 6:45pm www.tadcasterharriers.org.uk Email: swindenmark@sky.com

Scouts and Explorers

(For more information Tel: 01845 523 858 email: office@nys.org.uk - Website: www.nys.org.uk or Email: Julie (District Commissioner) jafarley66@hotmail.co.uk)
Scouts is for 10-14 year olds.

- ◆ 1st Osgodby Scouts
- ◆ 1st Riccall Scouts
- ◆ 1st Selby Abbey Scouts
- ◆ 6th Selby Brayton
- ◆ 9th Selby Kellington
- ◆ 14th Selby Thorpe Willoughby
- ◆ 15th Selby Brotherton
- ◆ Explorer Unit-14-18years old
- ◆ Young Leaders- 14-18year olds
- ◆ Scout and Guide Band- 8+ year old

Empowering young people to be fearless against crime

fearless .org

What is Fearless?

? Fearless is the youth service from the independent charity Crimestoppers. Aimed at young people, our website provides non-judgemental information and advice about crime.



Give information

Young people can give information about crime 100% anonymously via a secure online form on the website. It empowers them to take a safe stand against crime.

Work with young people?



Teacher, youth worker, school nurse, parent? Fearless can provide you with FREE resources on a wide range of crime types via the 'not a young person' section of the website.

Connect with Fearless



YouTube

Are you a young photographer aged 11+ living in North Yorkshire?

2025 Calendar Photo Competition “A YEAR IN NORTH YORKSHIRE”

Photos can be taken on any device and need to
represent North Yorkshire.

They can be landscapes, scenery or street photography,
with no people present, landscape format only - we want
to see North Yorkshire at its best throughout the year!

Closing date 31st August 2024



For more information and to enter:
contact Stef on **07398 149496**
or email **stef@nyy.org.uk**

T&Cs apply - see www.nyy.org.uk
Poster image is looking from Grinton towards Reeth in Swaledale



Golf

- ◆ **Drax Golf Club** - www.golftoday.co.uk- www.draxgolfclub.com
Email-draxgolfclub@btinternet.com Tel: 01757 617228
- ◆ **Scalm Park** - www.golftoday.co.uk-www.scalmparkleisure.co.uk
Email-scalmparkonline@hotmail.co.uk Tel:01757 210 846
- ◆ **Scarthingwell** - www.golftoday.co.uk- www.scarthingwellgolfcourse.co.uk
Tel: 01937 557878
- ◆ **Selby Golf Club** - www.golftoday.co.uk-www.selbygolfclub.co.uk-Email-
secretary@selbygolfclub.co.uk Tel: 01757 228622

Gymnastics

- ◆ **Selby Swans Gymnastics Academy** - Runs every Monday and Tuesday at Bowl and Fun,
Mondays- 5:00pm-8:30pm, Tuesdays- 5:30pm-8:30pm (Timings differ for ages and abilities)
Message Selby Swans Gymnastic Academy on Facebook or Tel: Stacey Nixon 07940251613
- ◆ **Sherburn Gymnastics Club** -Runs every Monday, Tuesday and Thursday at Sherburn High
School 5:30pm-8:00pm (Timings differ for ages and abilities)-www.sherburn-gymnastics.org.uk Email: scgc@hotmail.com Call: Amanda 07866315157

Hockey

- ◆ **Selby Hockey Club** - Runs every Tuesday (Term Time Only) at Selby Leisure Centre
www.pitchero.com/selbyladieshockey Email: selbyhockey@yahoo.co.uk
- ◆ **Tadcaster Hockey Club** – www.pitchero.com/clubs/tadcastermagnets1
Email: stacey@cromwellpolythene.co.uk

Horse Riding

- ◆ **Angel Riding Centre** – Email: angellivery@live.co.uk or Tel: 07833500333

Leisure & Fitness

- ◆ **DW Gym** - 3 Lakes Retail Park, Call: 01757 212433
- ◆ **Selby Leisure Centre** - www.selbyleisurecentre.org- Email: leisureenquiries@wlct.org
Call: 01757 213758
- ◆ **Selby Gym** – Call: 01757 701593
- ◆ **Serendipity Ladies Health and Fitness** - www.serendipityladiesfitness.co.uk
Call: 01757 290299
- ◆ **Tadcaster Leisure Centre** - www.selbyleisurecentre.org-Email- leisureenquiries@wlct.org-
Tel: 01937 834375

Martial Arts

- ◆ **GKR Karate**– Runs every Thursday at Standering Hall(Selby)– 6:30pm-8:00pm for 5+ year
olds– Tel: 07800529929
- ◆ **Lifestyle Martial Arts** – Runs every Monday, Wednesday and Friday at Brayton Community
Centre 6:00pm-8:00pm (Timings differ on each day) for 5+ year olds
Email: stevepenistonelma@hotmail.com Call: Steve Penistone 07872441257
- ◆ **Mura Budo Kan Karate** – Runs at Wistow Jubilee Hall (Wistow) www.murakarate.co.uk
Email - mura.karate@btopenworld.com Tell: 01757 210380
- ◆ **Selby Taw Kwon Do Club**– at Brayton Community Centre, Tel: 07919 894675
- ◆ **Shotokan Karate**– Runs every Monday and Thursday at Selby Community Centre (Scott
Road)- 6:00pm-7:30pm for 5+ year olds